



**EDMONDS COLLEGE  
CREATIVE RETIREMENT  
INSTITUTE (CRI)**

## **Spring 2021 Class Schedule and Calendar**

**Spring Classes: April 5–June 18, 2021  
Registration Begins on March 16, 2021\***

*Quality and Affordable classes for Lifelong Learners*

*The Creative Retirement Institute (CRI) of Edmonds College is a member-driven, self-supporting organization whose mission is to provide affordable, quality lifelong educational opportunities for adults in a supportive environment.*

**THE WORLD**



**HISTORY**



**JAZZ**



**CURRENT EVENTS**



# Creative Retirement Institute (CRI) Spring 2021 Calendar

All classes are conducted **ONLINE** using **Zoom**  
(Zoom links are sent out two business days prior to start of each class)

\* Indicates concurrent classes

| Item   | Dates     | Day                    | Course   | Instructor         | Price | Page |
|--------|-----------|------------------------|--|--------------------|-------|------|
| 16468  | 4/5-4/12  | 2 Mon 1-3 pm           | Malware's Changing Threat Landscape: Online Safety   | Boston, Brian      | \$28  | 6    |
| 16433  | 4/6-4/27  | 4 Tues 10 am-12 pm     | The Future of Long Term Care   | Blachly, Bonnie    | \$56  | 5    |
| 16423  | 4/6-4/20  | 3 Tues 1-3 pm          | Power Play: What Authorities State and Local Governments Have Relative to the Federal Government | Montalvo, Maria    | \$42  | 8    |
| 16354  | 4/7-4/21  | 3 Wed 1-3 pm           | Great Museums of New York  | Albiani, Rebecca   | \$46  | 5    |
| 16413  | 4/7-4/28  | 4 Wed 4:30-6:30 pm     | Race, Racism and Racial Equity   | Wright, Helene     | \$56  | 8    |
| 16445  | 4/8-4/29  | 4 Thurs 1-3 pm         | A New Feminist Beowulf   | Taylor, Sean       | \$56  | 7    |
| 16337* | 4/9-4/30  | 4 Fri 11:30 am-1:30 pm | Introduction to Ballet History   | Winchester, Rachel | \$56  | 4    |
| 16439  | 4/9-4/30  | 4 Fri 2:30-4:00 pm     | The Century of Humiliation - Western Exploitation and the Ruin of China                          | Busch, Kristi      | \$42  | 3    |
| 16458  | 4/12-5/3  | 4 Mon 10 am-12 pm      | Jazz Appreciation  | Jensen, Brent      | \$56  | 6    |
| 16377  | 4/15      | 1 Thurs 10 am-12 pm    | Fire, Ice & Time: A Natural History of New Zealand   | Behymer, Chelsea   | \$14  | 4    |
| 16404  | 4/19-5/10 | 4 Mon 1-3 pm           | Who passed the Law of Supply and Demand? An Introduction to Economics                            | Gassler, Scott     | \$56  | 9    |
| 16465  | 4/21-4/28 | 2 Wed 10 am-12 pm      | iPad for Grownups  | Schwarz, Kate      | \$28  | 6    |
| 16450  | 4/22-5/13 | 4 Thurs 10 am-12 pm    | The Poetry of Rainer Maria Rilke   | Stahl, Robert      | \$56  | 7    |
| 20815  | 4/27-5/4  | 2 Tues 1-3 pm          | Contemporary Art: Where We Are and How We Got Here   | Helmick, Richard   | \$28  | 3    |
| 16446* | 4/30-5/21 | 4 Fri 10 am-12 pm      | Fact and Fiction   | Gallery, Jill      | \$14  | 4    |
| 16431* | 5/4-5/25  | 4 Tues 10 am-12 pm     | Toxic Chemicals in Everyday Products: How They Can Harm Our Health and What We Can Do About It   | Solomon, Fran      | \$56  | 9    |
| 16428  | 5/5-5/19  | 3 Wed 10 am-12 pm      | Promoting Skin Health for Well-Being   | Resnick, Jerelyn   | \$42  | 8    |
| 16456  | 5/5-5/12  | 2 Wed 1-3 pm           | The French Connection: Berlioz and Bizet   | Miner, Erica       | \$28  | 5    |
| 16441  | 5/7-5/28  | 4 Fri 1-2:30 pm        | The People Have Stood Up - The Taking Back and Remaking of Modern China                          | Busch, Kristi      | \$42  | 7    |
| 16460  | 5/10-6/7  | 4 Mon 10 am-12 pm      | Sociology Through Films: Expertise and Empathy Part 1  | Berg, Ellen        | \$56  | 8    |
| 16453  | 5/11-6/1  | 4 Tues 1-3 pm          | Shakespeare's Henry IV, Part 2   | Taylor, Sean       | \$56  | 8    |
| 16426  | 5/17-6/14 | 4 Mon 1-3 pm           | Islands of Fire and Ice  | Khandro, Linda     | \$56  | 6    |
| 16395  | 5/19-5/26 | 2 Wed 1-3 pm           | Oil Wells That End Well? The Arc of the Petroleum Era  | Fenner, David      | \$28  | 7    |
| 16384  | 5/20      | 1 Thurs 10 am-12 pm    | Dolphins: What's the Porpoise?   | Behymer, Chelsea   | \$14  | 4    |
| 16419* | 5/25-6/15 | 4 Tues 10 am-12 pm     | Crossing the Political Divide, in the Company of Cartoonists and Conspiracists                   | Knapp, Michael     | \$56  | 3    |
| 16434  | 5/26-6/16 | 4 Wed 10:30 am-12 pm   | The End of WWII and Its Aftermath: 75 Years in Retrospect  | Szarek, Chris      | \$42  | 4    |
| 16463  | 5/27-6/17 | 4 Thurs 10 am-12 pm    | Sociology Through Films: Expertise and Empathy Part 2  | Berg, Ellen        | \$56  | 9    |
| 16366  | 5/28-6/18 | 4 Fri 10 am-12 pm      | Fanny and Alexander  | Hanson, Katherine  | \$56  | 4    |
| 16470  | 6/2-6/9   | 2 Wed 1-3 pm           | Tech's Tug of War: Balancing Privacy and Convenience   | Boston, Brian      | \$28  | 9    |
| 16467  | 6/3-6/10  | 2 Thurs 1-3 pm         | Four Helpful Google Apps   | Schwarz, Kate      | \$28  | 5    |
| 16415  | 6/4-6/18  | 3 Fri 1-3 pm           | The African American Military Experience   | Kerr, Laurence     | \$42  | 3    |

All CRI Spring 2021 classes are online. Please go to our CRI home page at [www.edmonds.edu/cri](http://www.edmonds.edu/cri) and click on Zoom Resources for more information regarding Zoom.

Zoom class invitations will be emailed from the CRI office 2 business days prior to class start. Please **check your Spam folder** if you do not see the invitation in your email Inbox. Call the office at 425-640-1830 or send an email to [cri@edmonds.edu](mailto:cri@edmonds.edu) and leave a message with your name and email or phone number if you don't locate the email one day prior to your class.

## The African American Military Experience

Laurence Kerr

16415                      6/4/21-6/18/21  
Fridays                      1:00pm-3:00pm  
Online                              \$42

Since the 1619 arrival of enslaved Africans in colonial America, Black men and women have been involved in our national military experience. The nature and value of that participation have been challenged by those who have sought to justify first slavery, then segregation and Jim Crow laws, and finally equal opportunity. Our class will examine that participation -- military, political, social and economic -- and work to separate the truth from the lies.

Laurence Kerr spent two years in Vietnam in the late 1960s as an Airborne Infantry and Special Forces unit leader. Following that experience, he served as a Department of State diplomat, retiring in 2004 as a Career Member of the U.S. Senior Foreign Service. In his final assignment, he was seconded to the Department of Defense as Assistant Professor of Grand Strategy at the National Defense University, lecturing on strategic history, national security affairs and the history of military thought. Mr. Kerr has a B.A. from Miami University in Ohio, and an M.S. from Troy State University in Alabama. **3 sessions.**

## The Century of Humiliation: Western Exploitation and the Ruin of China

Kristi Busch

16439                      4/9/21-4/30/21  
Fridays                      2:30pm-4:00pm  
Online                              \$42

This two-part series on China consists of 4-sessions which will explore the last 500 years of China history. In this part of the series, we will cover the first contact with the western world of Jesuits and Portuguese to the forced Opium trade; the failed Boxer Rebellion to the fragmentation and struggle for a new China. In this class we will introduce the earlier years of this history. It is not necessary to take this class in order to

register for the next class on modernizing China.

Kristi Busch holds a Master's degree in Museum Studies from George Washington University. She has been a storyteller in both performance and therapeutic settings. However, her main focus has been teaching for the past 30 years. She has taught courses in history, civics, philosophy, and mythology to 16-86 year olds and nothing compares to making history come alive. **4 sessions.**

## Contemporary Art: Where We Are and How We Got Here

Richard Helmick

20815                      4/27/21-5/4/21  
Tuesdays                      1:00pm-3:00pm  
Online                              \$28

This course presents an overview of contemporary art addressing the legacy our generation will leave and who decides what that will be. Content will be an abridged plunge into the art of "now." Everything from conceptual art through identity art is contemporary, including art installations and performances. In its place of the goal of beauty is art that investigates the disgusting, the contemplative, and the conceptual. We have come from ecstasy to agony, from sublimity to the ugly, the divine to the vulgar. Two cultural events - World War I and the invention of photography - will be explored. In the 21st century art seems to no longer have a central direction. Some maintain that art has atomized into a state of perfect entropy, a perfect disorder. Others observe the central direction of post-modern art is one of identity; not of art itself, but the historical, cultural, political, sexual, and ethnic identities of various tribes and the correctives they desire.

Richard Helmick received a Bachelor of Fine Arts and a Master of Fine Arts degrees from Ohio University in Athens, Ohio. His art practice degrees include a minor in art history. His career was in teaching art and design at the university level, mostly at the University of Missouri, but also Texas A&M University, Nanjing Art Institute, China and Pusan National University, South Korea. He has worked in many media - sculpture,

printmaking, and, more recently, drawing. He has exhibited his art in national and international juried shows over the decades of his life. His works are included in public, private and university collections. **2 sessions.**

## Crossing the Political Divide, in the Company of Cartoonists and Conspiracists

Michael Knapp

16419                      5/25/21-6/15/21  
Tuesdays                      10:00am-12:00pm  
Online                              \$56

**This class is concurrent with Toxic Chemicals in Everyday Products: How They Can Harm Our Health and What We Can Do About It for one session.**

These are divided times. Polarized partisanship hits us each day in the news and in more intimate space as we interact with family members, friends, and acquaintances. It can fester inside us as we complain about the intransigence of the "other side." How do we grapple with the political divisions around us and within us? We will take a close, and sometimes irreverent, look at the political divide in America...and in ourselves. With help from astute observers, especially political cartoonists, and persistent contrarians, especially conspiracy theorists, we will relive the first hundred days of the Biden administration and efforts to narrow, or widen, the partisan gap. We will also make excursions into our near history and more distant past to understand where all this partisanship comes from. We will also stare into the present and future to imagine how bridges can be built. All political persuasions are welcome! Please bring your partisanship and sense of humor, and let's have at it.

Dr. Michael Knapp is a retired professor of educational leadership & policy studies from the UW, who has appreciated and learned from political cartoons across his entire lifetime. At the same time, he has paid close attention to news media and other representations of public events and their basis in fact. Since retirement, he has taught courses repeatedly about political cartooning, fact checking, media bias, and conspiracy theories. In addition,

he has drawn a few cartoons and checked more than a few facts, having engaged in systematic, rigorous education research for decades. His immersion in educational policy research has added a set of ideas about how one might attempt to bring truth to power, a pursuit that political cartoonists and fact checkers share, while conspiracy theorists flaunt. The effects of their work, and his own, are testament to the difficulties involved, but at the same time underscore the importance of doing so, while also reminding us not to take ourselves too seriously. **4 sessions.**

### **Dolphins: What's the porpoise?**

Chelsea Behymer

16384 5/20/21  
Thursday 10:00am-12:00pm  
Online \$14

Explore what drives the great diversity among these closely related marine mammals. What you don't know may surprise you! Although scientists and dolphin-enthusiasts alike studied them for some time, we are always reminded that when it comes to intelligent animals like dolphins, we can't make generalizations about all species and not even for all individuals within a species. Discover the unique adaptations, survival strategies and personality traits that characterize them around the world, with an emphasis on those found in the Pacific.

A former marine biologist with a background in environmental education, Chelsea Behymer is a Naturalist and informal science education researcher currently working on her Ph.D. at Oregon State University. Chelsea is passionate about science communication and fostering understanding of our connections to natural systems, from a vast mountain wilderness to a microscopic ocean world of wonder. When she's not exploring or playing in the salty sea, she's be-bopping around the Pacific Northwest in a camper with her favorite white-water kayaking photographer, pit-stopping along the way to survey the landscape on their mountain bikes. **1 session.**

### **The End of WWII and Its Aftermath: 75 Years in Retrospect**

Chris Szarek

16434 5/26/21-6/16/21  
Wednesdays 10:30am-12:00pm  
Online \$42

It's been 75 years since the end of WWII and while our Greatest Generation who assured our freedom are leaving us in great numbers, it's important to reflect on the lessons learned in this hard-earned victory. In this course we'll examine the last days and end of the war in Europe, the creation and dropping of the atomic bomb, and the signing of treaties in both theaters that ended one of the most destructive conflicts of modern history. We'll also discuss the years after the end of armed conflict- the terms of the treaties, America's presence in Germany and Japan, and our relations to this day with both countries.

Chris Szarek served in the US Navy for 20 years as a Seabee, retiring in 2009. After retirement, Chris earned a BA in communications and an MBA from the UW. He currently serves as the Veterans Resource Center Director at Edmonds College. He is also active in a number of Veterans' Service Organizations and committees throughout Snohomish County. **4 sessions.**

### **Fact and Fiction**

Jill Gallery

16446 4/30/21-5/21/21  
Fridays 10:00am-12:00pm  
Online \$14

**This class is concurrent with Introduction to Ballet History for one session.**

We are not your average book discussion group! Participants make their own reading choices and come prepared to present brief reviews and share their appraisals. You may select a past or current author in any genre. Learn from each other through informal discussion. This is a low fee class, but requires registration.

Jill Gallery is an avid reader and has been part of this class for years. **4 sessions.**

### **Fanny and Alexander**

Katherine Hanson

16366 5/28/21-6/18/21  
Fridays 10:00am-12:00pm  
Online \$56

Set in Uppsala, Sweden in the early 1900s, Fanny and Alexander is a period drama written and directed by Ingmar Bergman. The film follows the shifting fortunes of the Ekdahl family during one tumultuous year. At the center of the film are Alexander, age 10, and his younger sister Fanny—the drama that unfolds is seen mostly through their eyes. Visually, this is perhaps Bergman's most opulent film; it is certainly among his most accessible even as the filmmaker challenges how we think about marriage, family, religion, the life of the imagination and of the theatre. Bergman intended Fanny and Alexander to be a television series and we will view the film in segments over 4 weeks. Each session will begin with brief introductory remarks followed by about 70 minutes of viewing and a good half hour for questions and discussion.

Katherine Hanson is currently an affiliate associate professor in the Dept. of Scandinavian Studies at UW. **4 sessions.**

### **Fire, Ice & Time: A Natural History of New Zealand**

Chelsea Behymer

16377 4/15/21  
Thursday 10:00am-12:00pm  
Online \$14

Over 500 million years in the making, New Zealand is the product of geology, climate, and oceanic influences that have all combined over time to produce a landscape found nowhere else on the planet! Explore the volcanic geology, glaciers and oceanic forces that continue to shape this unparalleled landscape. Along the way, discover its iconic wildlife & what the future of this biodiversity depends on.

A former marine biologist with a background in environmental education, Chelsea Behymer is a Naturalist and informal science education researcher currently working on her Ph.D. at Oregon State University. Chelsea is passionate

about science communication and fostering understanding of our connections to natural systems, from a vast mountain wilderness to a microscopic ocean world of wonder. When she's not exploring or playing in the salty sea, she's be-bopping around the Pacific Northwest in a camper with her favorite white-water kayaking photographer, pit-stopping along the way to survey the landscape on their mountain bikes. **1 session.**

### Four Helpful Google Apps

Kate Schwarz

16467                      6/3/21-6/10/21  
Thursdays                1:00pm-3:00pm  
Online                                \$28

In this introductory class we will start with four timesaving Google Apps that will simplify your life and make you more productive - Google Drive and Docs, Google Calendar, Google Keep and, Google Photos. There will be four hours of live webinar and an online site with background, tools and resources for getting the most out of the two Zoom meetings. Before class starts, we will send you links to the online information for review prior to the class. Class sessions will review the information from the class site, answer questions and demonstrate some features of the four apps. **Google Drive** and **Docs**: A brief overview of document creation and sharing "in the cloud" to familiarize you with cloud-based apps. **Google Calendar**: Introduce the basics of using Google Calendar to organize your events and reminders. **Google Keep**: Capture and organize what's important and get more done with online notes you create and share. **Google Photos**: How Google fits in your digital photos organization plan.

Kate Schwarz worked in the EC Technology Resource Center helping faculty with 4 e-learning, instructional technologies and course design. She worked for many years at the University of California as a computer resource manager. Since moving to the Northwest, she has worked as an independent educational technology consultant for nonprofits. **2 sessions.**

### The French Connection: Berlioz and Bizet

Erica Miner

16456                      5/5/21-5/12/21  
Wednesdays                1:00pm-3:00pm  
Online                                \$28

Of the two 19th century compatriots, Georges Bizet was most known for his operas whereas Hector Berlioz crossed over between genres. Erica discusses the parallels and contrasts between these two Frenchmen's rich oeuvres.

Formerly a violinist with Metropolitan Opera Orchestra for 21 years, Erica Miner is now an award-winning author, screenwriter, arts writer and lecturer. She studied violin with Boston Symphony Orchestra concertmaster Joseph Silverstein at Boston U, the New England Conservatory of Music and Tanglewood Music Center. Erica has presented lectures, seminars and workshops on both coasts and on major cruise lines and recently made her pre-concert lecture debut with the Seattle Symphony. She is an author and active contributor to major arts websites and magazines. **2 sessions.**

### The Future of Long Term Care

Bonnie Blachly

16433                      4/6/21-4/27/21  
Tuesdays                    10:00am-12:00pm  
Online                                \$56

The Future of Long-term Care will focus on a different area of Long-term Care each session including Nursing Homes, Assisted Living, Adult Family Homes, and Retirement Living/Senior Communities or your own Home and neighborhood. Learn from the experts how they re-imagine future long-term care in each of these environments. We will talk about the criteria for living in each of these environments and what you can expect when going there in the future. Other topics may include but are not limited to: aging in place, financing your long-term care, community resources.

Bonnie Blachly has been an RN for 50 years, spending most of her career working in Skilled Nursing Facilities and Continuous Care Communities. She has been teaching at the UW Bothell campus for the last 13 years in the School of

Nursing. She also has her own consulting business and consults with long term care agencies on regulatory compliance and assessment of nursing systems. She is also an End of Life Doula. She has been intimately involved in helping clients transfer across settings as their conditions require additional care and support. **4 sessions.**

### Great Museums of New York

Rebecca Albiani

16354                      4/7/21-4/21/21  
Wednesdays                1:00pm-3:00pm  
Online                                \$46

Let's go to New York! We will explore three of the greatest museums in Manhattan. We begin with the Metropolitan Museum of Art, an encyclopedic museum whose treasures contain an Egyptian temple, superb Chinese and Japanese paintings, and masterpieces of Western art including works by Raphael, Bernini, Rembrandt, the Impressionists, and FIVE Vermeer's. In week two we visit the Museum of Modern Art, opened in 1929 to expose Americans to European modernism. Highlights include Van Gogh's Starry Night, Picasso's Demoiselles d'Avignon, and Andy Warhol's Soup Cans. Finally, we explore the Whitney Museum of American Art, which has the world's largest trove of Edward Hopper paintings and fine examples of Ashcan School, Social Realism, Abstract Expressionism and Minimalism. The Whitney Biennial, the most important exhibition of contemporary American art, ensures the Whitney has a cutting-edge collection of contemporary art.

Rebecca Albiani has a BA in art history and MA in Renaissance art history. She is a popular lecturer at the Frye Art Museum. **3 sessions.**

### Introduction to Ballet History

Rachel Winchester

16337                      4/9/21-4/30/21  
Fridays                        11:30am-1:30pm  
Online                                \$56

**This class is concurrent with Fact and Fiction for one session.**

An introductory course in the history of the Ballet art form. Learn about early balletic techniques of the 14th Century French Court, as well as the major eras, evolutions, and artists who shaped this rich dance form. Global connections to Ballet will also be discussed, examining how this pervasive dance practice has been studied, performed, and perceived within various cultures from around the world. This class is a condensed summary of a larger course offering, inviting students to engage with general knowledge of the history of Ballet, while providing resources and inspiration for more in-depth study in the future.

Rachel Winchester is a university dance educator and a freelance choreographer. She has had the privilege to teach dance history and technique to hundreds of students throughout the Pacific Northwest during the last decade, including students at the University of Oregon, the University of Idaho, and Pacific Lutheran University. Her research has been selected and presented through the American College Dance Association and the National Dance Education Organization. Rachel's choreography has been recognized and presented through the Kennedy Center in Washington D.C., the San Diego & Tijuana, Mexico International Fringe Festival, Movement Research and Williamsburg Arts Nexus in New York City, Seattle's 12 Min Max at Base Experimental Arts, and Bellingham Repertory Dance Theatre. **4 sessions.**

### **iPad for Grownups**

Kate Schwarz

16465                      4/21/21-4/28/21  
Wednesdays            10:00am-12:00pm  
Online                                      \$28

Do you have an iPad languishing on a shelf? Do you use your iPad for a few things, and want to know more? We're offering a demonstration workshop intended for adult users of iPads, iPad Air and iPad Mini. (Note: users of iPad Pro may not find this workshop as useful.) We will cover general topics such as the basics of iPad navigation; finding and using applications ("apps"); managing pictures and videos; a few email hints; browsers; internet safety; and general

tips and tricks for iOS on the iPad. Participants should bring their own iPad and email account (and their passwords) to the class. Please bring your questions, but unfortunately, this class does not include time for one-on-one instruction or troubleshooting specific versions of iPad or software, but we'll review some resources to help you find answers.

Kate Schwarz worked in the EC Technology Resource Center helping faculty with e-learning, instructional technologies and course design. She worked for many years at the University of California as a computer resource manager. Since moving to the Northwest, she has worked as an independent educational technology consultant for nonprofits. **2 sessions.**

### **Islands of Fire and Ice**

Linda Khandro

16426                      5/17/21-6/14/21  
Mondays                                      1:00pm-3:00pm  
Online    \$56

Iceland, Hawai'i, and New Zealand; partners in defining Earth's plate tectonic and allied climate systems. Islands are fascinating fragments of oceanic and sometimes continental crust formed (and still forming) as a result of Earth's mantle convection system and the resulting motions of the lithospheric (crustal) plates at its surface. With 3 very different plate motions, and equally different climates, 1000's of km apart, these three islands tell unique stories of plate interactions and the climate systems that result. Our course will first describe the basic system of plate tectonics, with details and evidence created since the break-up of the most recent super-continent, Pangaea. Then we will look into the detailed tectonic and climate regimes of each of these islands and how they exemplify the scale and scope of global tectonics.

Linda Khandro, MAT, is a geologist, with over 25 years teaching college earth and space sciences in the Seattle area: astronomy, astrobiology, environmental science, geology, meteorology and oceanography. **4 sessions.**

### **Jazz Appreciation**

Brent Jensen

16458                      4/12/21-5/3/21  
Mondays                                      10:00am-12:00pm  
Online    \$56

This course will explore a wide range of topics related to the development of jazz music in the United States. Important musicians, styles and techniques will be covered along with significant historical events that parallel the evolution of jazz in America. Live and recorded demonstrations of jazz styles and techniques will be featured and students enrolled in the course will be given the opportunity to choose specific topics for discussion during the first class meeting.

Brent Jensen served as the Director of Jazz Studies & Woodwinds at the College of Southern Idaho for 18 years. He developed the curriculum for the Survey of Jazz (MUSI 108) course at the college and wrote the textbook (Survey of Jazz Handbook, pub. Kendall-Hunt) which is still in use at CSI and other colleges in the United States. Brent is a professional jazz saxophonist who has performed & recorded with a wide range of jazz artists including Gene Harris, Joe LaBarbera, Bill Anschell, John Clayton, Wycliffe Gordon, Warren Vache and many others. In 2002, his recording, "The Sound of a Dry Martini: Remembering Paul Desmond" (Origin), charted at the #1 position on jazz radio stations across the country and was featured on JazzWeek's Top 100 and NPR's JazzWorks' Top 25 lists. Brent's recordings are available on iTunes, Amazon, Spotify and other online music streaming platforms. **4 sessions.**

### **Malware's Changing Threat Landscape: Online Safety**

Brian Boston

16468                      4/5/21-4/12/21  
Mondays                                      1:00pm-3:00pm  
Online    \$28

Over the years, malware has evolved from simply shutting down a computer to destroying an enemy nation-state's nuclear power plant. It's no longer the province of hobby hackers, but the business of organized crime and a tool for terrorists and nation states. We will

explore the evolution of malicious code attacking individual files to sophisticated social engineering and ransomware campaigns against our better judgement and national infrastructure. It is a scary set of scenarios but still a navigable one if you are aware of the circumstances and mindful in how you respond to them. Let's figure it out together!

Offering CRI classes since 2011, Brian Boston wants to help you use technology to develop your interests and connect with family and friends. Though he has trained hundreds of support engineers at Microsoft and elsewhere over 40 years in computer support, Brian prefers to work with end users. Through Boston LegacyWorks, he educates and supports individuals and small businesses, advising on purchase, usage, system maintenance and security. **2 sessions.**

### A New Feminist Beowulf

Sean Taylor

|           |                |
|-----------|----------------|
| 16445     | 4/8/21-4/29/21 |
| Thursdays | 1:00pm-3:00pm  |
| Online    | \$56           |

In this course, we will undertake a reading of the new translation of the Old English poem Beowulf by Maria Dahvana Headley, accurately described by the New Yorker as "Brash and belligerent, lunatic and invigorating." We will discuss Headley's handling of the language of the original, as well as her radical yet nuanced negotiation of its worldview. For the first meeting, students are asked to read the Introduction, and up to line 836 of the poem itself. Text: Headley, Maria Dahvana. Beowulf: A New Translation. Farrar, Straus, and Giroux, 2020.

Sean Taylor holds a PhD in English from UW and has taught as a professor at Portland State University and Hamilton College. His main areas of expertise are Old and Middle English literature.

**4 sessions.**

### Oil Wells That End Well? The Arc of the Petroleum Era

David Fenner

|            |                 |
|------------|-----------------|
| 16395      | 5/19/21-5/26/21 |
| Wednesdays | 1:00pm-3:00pm   |
| Online     | \$28            |

This course will explore the history, expansion, Great Power involvement, industrial development, environmental impact and efforts at cooperation (e.g., OPEC, the Paris Climate Accords, etc.) relating to our century-long exploitation of fossil fuels. Examples will be drawn from the US, Great Britain, Russia and the "petrostates" of the Persian Gulf. We'll address several timely questions: For the Middle Eastern countries, what are the "upstream" and "downstream" challenges of sitting atop an estimated 40% of the world's oil and gas reserves? Is there such a phenomenon as the "Resource Curse?" How critical is the narrow Strait of Hormuz to the economic vitality of all nations? What are the implications as we necessarily reduce global dependence on petroleum? Can we afford to continue pumping millions of tons of carbon dioxide (CO2) into the atmosphere every day? And more broadly, what might a "post-oil" future hold in store for us all?

David Fenner is an affiliate faculty member at the University of Washington's Middle East Center. He regularly teaches courses on the Middle East and currently leads study tours to the UAE, Qatar and Oman. He is also the lead presenter for the federally-funded Bridging Cultures program, a series of professional development workshops for K-12 teachers and first responders in communities with large immigrant populations. In 2008 David founded the World Learning Center in Muscat, Oman. Prior to that he was the assistant vice provost for international education at the UW (2000 - 2007). His career included establishing exchange programs with universities around the world, including in Egypt, Morocco, Israel, Oman, Uzbekistan, Turkey, and Pakistan. From 1979-82 David and his wife Elisabeth Mitchell served as Peace Corps Volunteers in Oman. They speak colloquial Gulf Arabic. **2 sessions.**

### The People Have Stood Up - The Taking Back and Remaking of Modern China

Kristi Busch

|         |                |
|---------|----------------|
| 16441   | 5/7/21-5/28/21 |
| Fridays | 1:00pm-2:30pm  |
| Online  | \$42           |

This two-part series on China consists of 4-sessions which will explore the more recent part of the last 500 years of China history. In this part of the series, we will focus on the Civil War and the Communist triumph leading to the astounding modernization of a huge nation in a mere fifty years. It is not necessary to have taken the earlier class in order to register for this class on modernizing China.

Kristi Busch holds a Master's degree in Museum Studies from George Washington University. She has been a storyteller in both performance and therapeutic settings. However, her main focus has been teaching for the past 30 years. She has taught courses in history, civics, philosophy, and mythology to 16-86 year olds and nothing compares to making history come alive. 4 sessions.

### The Poetry of Rainer Maria Rilke

Robert Stahl

|           |                 |
|-----------|-----------------|
| 16450     | 4/22/21-5/13/21 |
| Thursdays | 10:00am-12:00pm |
| Online    | \$56            |

This course will examine two of Rilke's masterful poetry collections: The Duino Elegies & Sonnets to Orpheus. Both were finished in 1923 and feature themes that have made Rilke one of the finest 20th Century poets of the spirit and soul. Our discussion sessions will focus on how this poetry of deep feeling relates to the task of finding meaning in life. Delight in the lyrical verse of this profoundly gifted poet whose spiritual insights resonate with us today. His writing teaches how our very mortality can give life its unique and precious beauty. The required text is: In Praise of Mortality: Selections from Rainer Maria Rilke's Duino Elegies and Sonnets to Orpheus by Barrows & Macy.

Robert Stahl with a background in history, philosophy, and art history has taught CRI classes on poets Rumi, Rilke, Emily Dickinson, and Mary Oliver as well as on Joseph Campbell's "Power of Myth", Thomas Moore's "Care of the Soul" and John O'Donohue's "Celtic Wisdom".

**4 sessions.**

## Power Play: What Authorities State and Local Governments Have Relative to the Federal Government

Maria Montalvo

16423                      4/6/21-4/20/21  
Tuesdays                      1:00pm-3:00pm  
Online                                      \$42

Under the Tenth Amendment to the Constitution, all powers not granted to the federal government are reserved for the states and the people. Over the past several decades, however, the executive branch of the federal government has amassed more power, especially over the legislative branch, due to a complex set of circumstances. All state governments are modeled after the federal government and consist of three branches (executive, legislative, and judicial) and each have stated authorities. Local governments, on the other hand, are organized around counties and cities. Unlike states, that clearly have powers outlined in the Constitution and federal and state governments share power, a local government must be granted power by the state. So how does this power play work in practice, especially during national crises like a pandemic? This class will study not only how power is shared but what it means for Americans today and in the future.

Maria Montalvo holds a Master's in Political Science and Economics and this is her fifth course with CRI. She is a columnist for the Edmonds Beacon, and works as Executive Director in the non-profit education sector. **3 sessions.**

## Promoting Skin Health for Well-Being

Jerelyn Resnick

16428                      5/5/21-5/19/21  
Wednesdays                      10:00am-12:00pm  
Online                                      \$42

The course begins with foundational knowledge about the structure and function of our skin, which is not only the largest organ in our body, but also a barrier between the internal body and the outside world. As a barrier, our skin protects us from biological, chemical, mechanical and ultraviolet threats that

we may encounter. Building on this foundation, the course then moves into an exploration of some evidence-based and safe essential oil preparations and plant-based health practices we can make and use at home to help our skin either stay healthy, or return to a healthy and protective state as we age. The resources used in this course will be drawn from books and items written by Stephanie Rose, whose website is at <https://gardentherapy.ca/about>.

Jerelyn Resnick is a retired (but still teaching) nursing instructor. She is a master gardener and has also been studying aromatherapy in face to face and online classes for more than 5 years. Her particular interest in aromatherapy is how we can use essential oils and plant-based health practices to maintain the health of our skin as we age. **3 sessions.**

## Race, Racism, and Racial Equity

Helene Wright

16413                      4/7/21-4/28/21  
Wednesdays                      4:30pm-6:30pm  
Online                                      \$56

This course provides an overview of the social construction and history of race and racism in the US expressed by individuals, institutions, and cultures, and how differences based on "race" are used to assign disadvantage and privilege to particular social groups. It provides an overview of the definitions of race, racism, power, anti-racism, explicit and implicit bias. It explores institutional racial inequalities in the fields of education, housing, employment, wealth, health outcomes, the environment and ageism. We will consider alternative ways to use our intellectual power and privilege as students and members of the community to interrupt systems of racial oppression. This course will also give you a basic understanding of racial equity strategies and tools related to dismantling racism and encourage you to develop valid ways to address racial issues.

Helene Wright holds a PhD in philosophy and specializes in issues of race, discrimination, health equity, intersectionality, diversity and inclusion, sociology and criminology. **4 sessions.**

## Shakespeare's Henry IV, Part 2

Sean Taylor

16453                      5/11/21-6/1/21  
Tuesdays                      1:00pm-3:00pm  
Online                                      \$56

In this course, we will undertake a reading of the second play featuring Shakespeare's greatest comic character, Falstaff. Special attention will be paid to the development of the character of Hal, as he prepares to take on himself the responsibilities of ruling. Students are asked to read through Act 2 for the first class meeting. Any edition of the play will do, though it is recommended to find one with annotations, and with line numbers (the instructor prefers Signet Classic paperbacks, widely available).

Sean Taylor holds a PhD in English from UW and has taught as a professor at Portland State University and Hamilton College. His main areas of expertise are Old and Middle English literature.

**4 sessions.**

## Sociology Through Films: Expertise and Empathy Part 1

Ellen Berg

16460                      5/10/21-6/7/21  
Mondays                      10:00am-12:00pm  
Online                                      \$56

This is a lecture and discussion class about people who are experts at their work, and also people who make lovely connections with others – through their work, their relationships, even their shortcomings. Expect to watch a film on your own at home prior to each session – available on Kanopy and/or Amazon; mostly free and possibly with some English subtitles. A handout listing the films will be provided prior to the class. Also expect to meet an array of experts, such as photographers, tailors, farmers and vintners. It is not necessary to register for Part 2 of this series to take Part 1. Parts 1 and 2 will feature different films.

Ellen Berg is a sociologist who teaches about how individuals and society interact by using stories – in this case, stories caught on film. Her lectures will focus on expertise and empathy – class discussion will be more wide ranging as



everyone contributes their observations. Expect this class to be lively!! **4 sessions.**

### **Sociology Through Films: Expertise and Empathy Part 2**

Ellen Berg

16463                      5/27/21-6/17/21  
Thursdays              10:00am-12:00pm  
Online                      \$56

This is a lecture and discussion class about people who are experts at their work, and also people who make lovely connections with others – through their work, their relationships, even their shortcomings. Expect to watch a film on your own at home prior to each session – available on Kanopy and/or Amazon; mostly free and possibly with some English subtitles. A handout listing the films will be provided prior to the class. Also expect to meet an array of experts, such as photographers, tailors, farmers and vintners. It is not necessary to register for Part 1 of this series to take Part 2. Parts 1 and 2 will feature different films.

Ellen Berg is a sociologist who teaches about how individuals and society interact by using stories – in this case, stories caught on film. Her lectures will focus on expertise and empathy – class discussion will be more wide ranging as everyone contributes their observations. Expect this class to be lively!! **4 sessions.**

### **Tech's Tug of War: Balancing Privacy and Convenience**

Brian Boston

16470                      6/2/21-6/9/21  
Wednesdays            1:00pm-3:00pm  
Online                      \$28

Advances in consumer technology make our daily tasks easier and more productive. Cloud-based services and smart search engines get real-time directions everywhere, and you can shop within a few clicks...all with little cost. It isn't free, though. Even the most legitimate services collect data to finance their operations. Educate yourself on the benefits, the real costs involved, and how to limit their effect on your privacy.

Offering CRI classes since 2011, Brian Boston wants to help you use technology to develop your interests and connect with family and friends. Though he has trained hundreds of support engineers at Microsoft and elsewhere over 40 years in computer support, Brian prefers to work with end users. Through Boston LegacyWorks, he educates and supports individuals and small businesses, advising on purchase, usage, system maintenance and security. **2 sessions.**

### **Toxic Chemicals in Everyday Products: How They Can Harm Our Health and What We Can Do About It**

Fran Solomon

16431                      5/4/21-5/25/21  
Tuesdays                10:00am-12:00pm  
Online                      \$56

**This class is concurrent with Crossing the Political Divide, in the Company of Cartoonists and Conspiracists for one session.**

Personal care products are useful in our everyday lives, but may contain chemicals that disrupt hormones. These endocrine disruptor chemicals (EDCs) have effects that are fascinating, alarming and far-reaching. We can inform ourselves and our loved ones how to reduce exposures. The course will begin with an overview of EDCs: sources, toxic properties, how these chemicals act, and how we are exposed. We will then focus on health impacts, primarily on humans, of specific groups of EDCs, e.g. impacts on brain development, the immune defense system, body weight, and reproductive health. We will also discuss evidence of links between EDCs and some cancers. The course will conclude with a discussion of toxic chemicals regulations and actions that we can take individually and collectively to reduce our exposures to EDCs. Course activities include lectures, discussions, stories, presenter "show and tell" demonstrations and a video.

Dr. Fran Solomon is passionate about bringing her expertise and experience to the classroom! She is an environmental

biology professor at Western Washington University, Huxley College of the Environment on the Peninsulas, and she teaches continuing education courses for environmental and health care professionals and diverse general public audiences. Dr. Solomon earned a bachelor's degree in biology from the University of Rochester, and a Master's degree in environmental health and Ph.D. in fisheries from the University of Washington. She has 25 years of professional experience in state and local environmental agencies, focusing on biological impacts of water pollution and pollution prevention and control. Her teaching experience includes teaching elders through the Shoreline Summer College, the University of Washington Osher Lifelong Learning Institute, and the Edmonds Creative Retirement Institute (CRI), including teaching this EDCs course twice previously at Edmonds CRI. It is fun and rewarding for Dr. Solomon to teach people in her age group who are eager to do new learning and apply it to their lives. **4 sessions.**

### **Who passed the Law of Supply and Demand? An Introduction to Economics**

Scott Gassler

16404                      4/19/21-5/10/21  
Mondays                    1:00pm-3:00pm  
Online                      \$56

This course is a basic introduction to the vocabulary and ideas of economics. Definitions of commonly used terms such as "socialism" and "capitalism," "free market," "supply and demand," "monetary policy," "government deficit," etc. Specially designed for students who have limited background in economics and may be a little afraid of it.

Scott Gassler earned his MA in economics at UW and his PhD in economics at the University of Colorado. He has taught economics and politics at a number of institutions, from community college through graduate school. Scott is now retired and living in Everett. **4 sessions.**

## Registration: What You Need to Know

- Registration begins online at **6:00 am on March 16** at [www.edmonds.edu/cri](http://www.edmonds.edu/cri)
- All Spring 2021 classes will be online using Zoom.
- Registration Fee is quarterly and is required to register for classes.

### There are two easy ways to register:

#### 1. Online

Go to [www.edmonds.edu/cri](http://www.edmonds.edu/cri). Click on Register and login with your existing Campus CE account or, if you are new to CRI, set up a new account. Then click on View Spring Classes. That will show you all the classes for Spring. Purchase of the Registration Fee will open the “Add to Cart” buttons for all classes. Please call the CRI office at 425-640-1830 or email us at [cri@edmonds.edu](mailto:cri@edmonds.edu) for questions regarding online registration.

#### 2. By Phone

Call 425-640-1830 and leave a message, including your return phone number. We will call you back and take your registration information over the phone.

## Withdrawals and Refunds

Classes offered by the Creative Retirement Institute are self-supported and receive no state funding. Requests for refunds of course fees will be accommodated if notice of withdrawal is **given at least two business days prior to class start** unless otherwise indicated. There will be a \$10 class drop fee for each class refunded. Edmonds College’s policy is that **only registered students may attend classes. This means that you may not transfer your registration to another individual.**

### Is Cost a Factor?

Is there a class you’d like to take but don’t feel you can squeeze the cost out of your budget? Through generous donations, a fund has been established to help increase the opportunity to experience the CRI classes. Funds will be awarded as money is available. The names of applicants will be strictly confidential.

Please contact Ulyana Pyzo at 425-640-1830 or email [cri@edmonds.edu](mailto:cri@edmonds.edu) for more information.

## CRI Contact Information

**Phone:** 425-640-1830 (leave a message)

**Email:** [cri@edmonds.edu](mailto:cri@edmonds.edu)

*No Office Hours available during this time. Please email or call and leave a message.*